



Brackley Gymnastics School

Safeguarding Adults at Risk Policy

Version	Date	Authorised by	Changes made
V1.0	01/03/2025	Natalie Baker - Founder	Launch
V1.1	16/03/2026	Natalie Baker – Club Director	Separated and retitled from the former “BGS Safeguarding Child and Protection Policy (Version 1.0 – March 2025)” to create a standalone policy focused on adults at risk, aligning with the Care Act 2014.

Policy Relationship Statement

This policy forms part of the safeguarding and operational framework used by Brackley Gymnastics School.

These policies apply to members, parents, carers, visitors, and other participants involved in Brackley Gymnastics School activities. Where relevant, the policies listed below should be read together to support safeguarding, welfare, and the safe and respectful operation of the club.

Linked Documents

Brackley Gymnastics School – Gymnasts’ Code of Conduct
Brackley Gymnastics School – Photography & Filming Policy
Brackley Gymnastics School – Whistleblowing Policy
Brackley Gymnastics School – Complaints Policy (Members & Visitors)
Brackley Gymnastics School – Anti-Bullying & Harassment Policy
Brackley Gymnastics School – Parents, Carers & Guests Code of Conduct
Brackley Gymnastics School – Child Protection Policy
Brackley Gymnastics School – Safer Recruitment Policy
Brackley Gymnastics School – Equality, Diversity & Inclusion Policy
Brackley Gymnastics School – Privacy Notice & Data Protection Statement
Brackley Gymnastics School – Terms & Conditions

1. Purpose

This policy explains how Brackley Gymnastics School safeguards and supports adults who may be considered “adults at risk.” It outlines how concerns can be reported, how the club responds to safeguarding matters, and how we promote dignity, respect, and inclusion within all Brackley Gymnastics School activities.

2. Scope

This policy applies to adult participants or members, coaches, staff and volunteers, parents, carers and visitors, and external providers or contractors involved in Brackley Gymnastics School activities. It



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applies to all environments where Brackley Gymnastics School operates, including training sessions, events, competitions, and communications connected to the club.

3. Our Commitment

At Brackley Gymnastics School, the safety and well-being of every participant is our highest priority. While many adults are independent, some may be considered “adults at risk” due to disability, illness, mental health, learning needs, or other circumstances.

We are committed to safeguarding these individuals in line with the requirements of our governing body and the Care Act 2014.

4. Who This Policy Applies To

- All coaches, staff, and volunteers.
 - All parents, carers, and visitors who interact with adult participants.
 - All adult members, gymnasts, or participants who may be considered “adults at risk.”
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5. What We Do

- Ensure all staff and volunteers receive safeguarding training.
 - Treat all adults with dignity and respect.
 - Create an inclusive and supportive environment, where safe to do so.
 - Encourage adults at risk to have their voice heard and respected.
 - Handle all safeguarding matters with confidentiality, sensitivity, and care.
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6. Reporting Concerns

If you ever have a concern about the safety or welfare of an adult:

- Speak to our Welfare Officer in confidence.
- Adults may also choose to speak to any trusted member of staff or coach, who will pass the concern directly to the Welfare Officer.
- If urgent, call 999.
- For non-emergency safeguarding concerns:
 - Police non-emergency: 101
 - West Northamptonshire Council – Adult Safeguarding: 0300 126 7000
 - Hourglass (Action on Elder Abuse) Helpline: 0808 808 8141
 - Mind Infoline (mental health support): 0300 123 3393
 - Samaritans: 116 123 (free, 24/7)

Contact details for the Welfare Officer are displayed on the club noticeboard and website.

7. How We Handle Concerns

- All concerns are taken seriously and followed up promptly.
 - Information is shared only with those who need to know, to protect the individual’s welfare.
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- Confidentiality is respected at every stage, where safe to do so.
- Whistleblowing is supported: anyone raising a concern in good faith will be listened to and protected. Concerns can be raised anonymously if preferred. However, if a disclosure suggests an adult is at immediate risk of harm, we may need to share this with safeguarding authorities to protect them.

8. Inclusion & Equality

Brackley Gymnastics School is committed to creating an inclusive and welcoming environment for all adults, regardless of background, identity, or ability. We will make every effort to remove barriers and support participation, where safe to do so, while ensuring that safeguarding and welfare always remain the highest priority.

9. Policy Conclusion

By participating in Brackley Gymnastics School activities, members, parents, carers, visitors, and external providers agree to comply with this policy in full.

Brackley Gymnastics School leadership will monitor compliance with this policy and take appropriate action where behaviour or actions place the safety, privacy, welfare, or respectful operation of the club at risk.

10. Review

This policy will be reviewed at least annually, or sooner if required by changes in legislation, safeguarding guidance, governing-body standards, or Brackley Gymnastics School operational practice.